

College of Neuro-Training, Lismore

Certificate IV in Kinesiology (HLT42807)

**Certificate of Solution Oriented
Neuro-Training**

**Prospectus
2010**

Delivered by the
**College of Neuro-Training,
Lismore NSW**
First Floor, 100 Magellan St,
Lismore. 2480
Ph: 02 6622-1514 for more info
www.kinesiologyinfo.com



An Introduction to the College of Neuro-Training, Lismore

- Qualifications for Professional Practitioners
- Options for an exciting new career
- Expanding your current expertise
- Leading to the Diploma of Neuro-Training
- Study for personal growth and enjoyment

Certificate IV in Kinesiology (HLT42807)

A government recognised qualification delivered concurrently with the Certificate of Solution Oriented Neuro-Training.

Certificate of Solution Oriented Neuro-Training*

A Neuro-Training, with Kinesiology qualification, accredited by the Australian Kinesiology Association (AKA).

** The Certificate of Solution Oriented Neuro-Training may be studied for personal interest only*

For the beginner - Certificates of Achievement –One day self help workshops for those not wanting to study a larger certificate

One day self help Innate Systems and Specific Skills workshops or General and Special interest certificates such as the Face Trait workshops are offered throughout the year.

Contact the Lismore College for this module pack. (02) 6622 1514

For Registration of Cert IV or the Certificate of SONT, contact Lismore college of Neuro-Training Ph: 02 66221514 or email enquiries@kinesiologyinfo.com for a copy. You may also go directly to the administration site for Neuro-Training www.collegeofneuro-training.edu.au and download the enrolment form.

Neuro-Training

The College of Neuro-Trainings purpose is to set a new standard of excellence in education and life style alternatives and the development of the application of those alternatives.

The College of Neuro-Training is founded upon the vision that we have entered an era of global awareness, cooperation and unity, in which Kinesiology plays an integral part. We are committed to the expansion of Kinesiology through the expression of individual potential and its purpose is to explore and understand the Natural Laws of Healing.

What is Neuro-Training?

Neuro-Training is a way of integrating Kinesiology and other modalities into a complete resource. It is a solution-oriented synthesis, an integration of alternative modalities, vocational education, self-development techniques, learning enhancement programs and other personal development skills. Neuro-Training is comprised of educational, recuperative, training and generative processes for producing the greatest experiences of life. Neuro-Training uses Kinesiology as part of its application for one to strive toward vitality and well-being in an integrated and congruent way.

What is Kinesiology?

Kinesiology is the organized use of 'Muscle Monitoring'. It has become the general term used to describe the various branches of the complementary medicine originally developed by chiropractor George Goodheart in the 1960's. It is used as a verification tool in a series of different challenges to different stress responses. This way it can indicate whether you can adapt to those challenges or not. Kinesiology is generally defined as a tool to find imbalances in your structural, chemical, emotional, psychological, meridian or any energetic influence. It is a way of assessing the functioning of all your systems.

Neuro-Training is a larger concept than Kinesiology. Kinesiology is a generic term to describe any practice where Muscle Monitoring is used. It is assumed that the practice of Kinesiology has its own objectives and outcomes to achieve. It is the outcome that defines the type of Kinesiology used. For this reason there appears to be many 'types' of Kinesiology. The common factor is that they use Muscle Monitoring as their verification tool but applied to different areas of life. They may use specific protocols or processes to achieve their desired end results.

Neuro-Training and Kinesiology

The College of Neuro-Training delivers a Certificate IV in Kinesiology, a Certificate of Solution Oriented Neuro-Training and at the Lismore Campus, other Neuro-Training Modules, and Self Help Workshops.

The Certificate IV in Kinesiology offered by the College of Neuro Training is a Government recognized qualification under the Australian Health Training Package.

The Certificate of Solution Oriented Neuro-Training is accredited nationally within the Australian Kinesiology Industry.

The industries regulating both the health care package in Australia, and the Australian Kinesiology Association are two important bodies for the Australian Kinesiology practitioner in training to be endorsed by.

With over 30 years in its infancy, Neuro-Training has come of age and is now a philosophy that can be utilised with Kinesiology by people in all areas of life. Neuro-Training is a new way of experiencing the integration of many modalities, including Kinesiology, and others, that have existed for decades.

Other Neuro-Training Modules, such as Self Help- Innate System workshops, and Face Trait Analysis are also offered by the Neuro-Training College, Lismore campus.

Our Courses

The College of Neuro-Training offers the following courses of study:

Certificate IV in Kinesiology (HLT42807)

A government recognised qualification delivered concurrently with the following.

Certificate of Solution Oriented Neuro-Training

A Neuro-Training, with Kinesiology qualification, accredited by the Australian Kinesiology Association (AKA).

Certificates of Achievement and General Interest - Other short modules and workshops.

Neuro-Training Certificate courses recognized by Neuro-Training Pty Ltd, such as Innate Systems and Specifics Skills workshops, Face Trait reading for better communication and others held at the Lismore Campus.

For Full details on the short courses held at The College of Neuro-Training, Lismore, campus contact Ph: 02 66221514

Neuro-Training and Recuperation

Healing and recuperating is an inherent part of our **genetic makeup**. Our genetic resources help us to find more appropriate solutions for the mental conflicts, emotional traumas and physical stressors that make extraordinary demands on our energy systems.

The Benefits of Recuperation

It is not until we have truly moved beyond a stressful experience that we can then re-build our life and live our best. Many stress reactions are held within our nervous system. This means we store these experiences within our body, our muscles, our organs, or anywhere that our brain links the stress too.

Too many stress reactions lead not only to psychological challenges but also physical aches, pains and ill health. Your aches and pains are a sign that your stress reactions are building on top of you. Your recuperation abilities are low and need re-conditioning. Removing the stress reactions and forming new associations and alternatives leads to better health, clearer thinking, higher motivation, inspiration and confidence.

Some of the benefits others are experiencing are:

- * *Feeling relieved*
- * *Clearer thinking*
- * *Restful sleep*
- * *More stamina*
- * *Better digestion*
- * *Stronger immune system*
- * *Pain reduction*
- * *Moving forward*
- * *Letting go*
- * *More energy*
- * *Free from worry*
- * *Raised confidence*
- * *Motivation*
- * *Physically stronger*
- * *No more allergies*
- * *Free from anxiety*

The Model of Universal Principles



The "Model of Universal Principles" developed by Neuro-Training, is the first truly universal working model for Kinesiology. It gives us the fundamental understanding of how a person expresses their individual experiences of life and living. This model is used throughout many of the modules and programs.

The Model of Universal Principles through its use and research, has exposed the **nature of the suppression of our innate expression**, as the underlying cause of so many distresses in life. The fears, conflicting beliefs and unsupportive habits and other influences that block our true self-expression are accessed and defused through the use of this integrative model, and Neuro Training and Kinesiology.

The "Model of Universal Principles" was developed from 21 years research into the use of Kinesiology in combination with Naturopathic and Homeopathic Laws. The result is **a unifying model using ALL forms of Kinesiology**.

It moves the focus back to muscle monitoring itself as the common tool for Kinesiology and Neuro-Training Practitioners and is helping Kinesiology to be considered by others as a professional modality.

Neuro-Training Pty Ltd is proud of this achievement and is delighted to invite you to become aware of the significance of what will become the basis for the unification of all Kinesiologies as a single profession in the near future.

Free Important Checklist and Report valued at \$47-95

For your IMPORTANT CHECKLIST on what to consider before you study Kinesiology valued at \$47-95 go to www.kinesiologyinfo.com

College of Neuro-Training, Lismore

PROSPECTUS

2010

Welcome to College of Neuro-Training, Lismore

With over twenty years of dedicated research, the College of Neuro-Training and its campuses, is now a vocational training organization. All our courses provide in-depth training in the skills and the artistry required to be a professional practitioner in the field of Neuro-Training and Kinesiology. Programs and courses for the non-professional in mind are also available.

The Neuro-Training College is committed to providing high quality professional vocational training designed to inspire passion in the quest for knowledge and understanding.

The Certificate Four in Kinesiology and the Certificate of Solution Oriented Neuro-Training along with other short programs is delivered by the College of Neuro-Training.

Benefits of Studying with Us

The College of Neuro-Training offers:

- A national network of highly qualified Authorized Trainers who have considerable vocational experience and are passionate about Neuro-Training and Kinesiology.
- Class sizes that ensure personalized attention in a friendly relaxed environment.
- Training that is a mix of essential theory and practice, with ample time for hands on application of your new skills.
- Training on the importance of working with recuperation and how it is even more important than focusing on 'healing'.
- Learn how to best position yourself, to fully experience what the Universal Laws can do for your health and success in life.
- Material that works within the Laws of Nature when applying Kinesiology.

- Delivery of Kinesiology information so as to take full advantage of your inherent resources and use your genetic makeup as a means of supporting your desires and goals.
- The means to assist you and others to increase the quality of your spirit and life.
- A common sense study of the function of human behavior in a way that can be used to support personal growth.
- Delivery of information on learned helplessness and survival patterns undermine most healing.
- Gain information on how a person harbors Physical Body Habits, Nutrition, Emotional Stress reactions, Psychological Misperceptions, Meridian and Chakra dysfunctions.
- The ability to defuse your own or inherited fears, conflicting beliefs, conflicts around the context of family, society, finances, politics so that you can find those conflicts in others.
- Study the latest research in Neuro-Science and its integration into the practical applications with clients.
- Discover the nine ways to monitor a muscle to find all the related pathways connected to a reaction pattern.
- Learn how to integrate other Kinesiologies, modalities and principles of human activity.
- Offers multiple qualifications as a basic structure for its training.
- Many campuses so you can choose when and where you study.
- Austudy approved for eligible students.

What you will study is unique in its ability to not only delve into the mysteries of the physical, emotional, mental and spiritual aspects of our humanity, but also in our integration of these aspects.

Our education offers you the opportunity to create artistry in your expression unequalled in any other discipline. The development of Neuro-Training with Kinesiology has been motivated by the needs of thousands of clients demanding there be a better way to overcome their life challenges.

We found that the 'programming' of the Nervous System by their past experience was the greatest challenge to making this process complete. The 'programming' is a direct result of the effect of your accumulated life experiences. Neuro-Training along with Kinesiology is a consequence of finding how to help people reorganise their life experiences.

About Us

The College of Neuro-Training and its campuses is a Registered Training Organization (RTO) which provides comprehensive training based on our highly successful and sought after Kinesiology and Neuro-Training courses. We have been teaching and researching for over 20 years continuing to bring into our courses advances in neuroscience, Kinesiology and many other modalities.

The College of Neuro-Training is the only College that presents this unique blend of Kinesiology and Neuro-Training in a nationally recognized qualification, which enhances our high quality education experience. The integrative Certificate courses outlined in this prospectus offer an exciting career as a respected professional in natural therapies, either running your own clinic or working with a team of people in a Health Practice.

Study Options

For Professional Qualifications

The Certificate IV in Kinesiology (government recognized) provides all the necessary foundation for becoming a respected professional practitioner in the natural therapies field.

The Certificate of Solution Oriented Neuro-Training (industry accredited) covers the first 5 modules of the Certificate IV in Kinesiology including the assessments for those modules.

For Personal Interest only

We welcome students who want to do the first 5 modules without any of the assessments that the professional students do. These will give you the insights, the understanding, the philosophy, and many valuable skills that you can use for yourself and your family. This option does not provide any qualification although you can convert your training to the Professional Qualification path if you wish (details on application).

How to Enrol

Enrolment is easy with College of Neuro-Training, simply contact our head office to discuss your training options and locate your nearest trainer. If you know your local campus then complete an enrolment form and pay your deposit. Be sure to send two copies of your enrolment form. One to the head office and one to your local campus. See 'enrolment form' at the end of this prospectus or visit

www.collegeofneuro-training.edu.au

Upgrade your Professional Qualifications

For students who have previously completed a Certificate IV in Kinesiology and wish to further enhance their current natural therapy business, complete and lodge the recognized prior learning application with your expressed interest to the college. The benefits of studying the Certificate of Solution Oriented Neuro-Training, with your previous Certificate Four in Kinesiology, provides the opportunity to add additional skills and understanding in the field of Neuro-Training and the neuro-sciences.

Recognition of Prior Learning (RPL)

RPL is the acknowledgement of the skills and knowledge a person has acquired through previous training, work or life experience, which may be used to grant status or credit in a subject or module. Students are encouraged to submit RPL requests to College of Neuro-Training for individual consideration in this area.

Centrelink Assistance

The Certificate IV in Kinesiology (HLT42807) course offered by the College of Neuro-Training is approved for Centrelink Student related payments for AUSTUDY, ABSTUDY, Youth Allowance and Pension Education Supplement recipients. For more information and eligibility contact: Centrelink on 132 490. The course reference number is 2P901

Certificate IV in Kinesiology (HLT42807)

Description: Certificate IV in Kinesiology is a nationally recognized qualification intended to provide students with the necessary skills to become a respected professional practitioner with industry recognition.

This comprehensive course is structured into 9 integrated modules comprised of a combination of face-to-face training and self-paced computer based (on-line) training. The modules are assessed via in-course assessments (practical, oral & written), assignments (self-study i.e. at home) and on-line written assessments.

Duration: This qualification is conducted over 6-12 months (depending on the timetable) with all components to be completed within 2 years. Our courses are designed to be flexible in their delivery so many campuses offer schedule variations and/or accelerated learning opportunities which may allow you to complete the course in less than 12 months (e.g. 6 months).

Outcome: Kinesiologist / Natural Therapist / Neuro-Trainer

Modules:

- Module 1: Art of Solution Oriented Neuro-Training
- Module 2: Principles of Recuperation
- Module 3: Blueprint One
- Module 4: Innate Intelligence
- Module 5: Integration
- Module 6: Client Care
- Module 7: Anatomy & Physiology 1
- Module 8: Anatomy & Physiology 2
- Module 9: Practice Management
- * First Aid
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These modules are described in detail in the next section of this prospectus

TOTAL COURSE COMMITMENT

Class Hours: 200 Self Study :337 Total hours:537 Fee:\$7,530

Training at Lismore College of Neuro-Training in 2010

Free Information Nights for studying the Certificate IV in Kinesiology in 2010 at the Lismore Campus are held at the above address from 7pm to 8.15pm on the following dates. Bookings are essential, please phone (02) 6622 1514.

2010 Free Info Evenings for Mid Year Intake - April 29th May 25th and June 15th for Module One beginning on June 26th.

2010 Solution Oriented Neuro-Training Certificate and 2010 Certificate IV in Kinesiology

There are two Certificate IV courses scheduled for 2010. One is scheduled for weekdays other for weekends. Module 6 is interspersed throughout the other modules.

On campus 8.45am registration for 9am start. Finish 5pm

- NOTE: If you are receiving Austudy, your study time for Modules 7, 8 and 9 are for Schedule 1 from 15 February to 18 June 2010 and for Schedule 2 from 20 February to 26 November 2010.
- Contact the College of Neuro-Training to confirm all dates and fees as some dates may change without notice

* Those completing the Certificate in Solution Oriented Neuro-Training for personal interest only are required to complete Modules 1-5 only. No workbooks and assignments are required. Although not mandatory, Client care is highly recommended.

NOTE- Those studying the Cert IV in Kinesiology on weekends only must complete Client Care Modules on the days scheduled. (One Friday every second month).

Module 6 is interspersed throughout the other modules.

Modules Seven, Eight and Nine studied online at your own leisure.

***First Aid**

Part of the requirement for the Certificate IV in Kinesiology is completion of the common unit HLTFA310B Apply First Aid. This unit is delivered and assessed through a number of national organizations such as St Johns Ambulance and Australian Red Cross. Students will need to show evidence of completion of this unit as part of obtaining the Certificate IV in Kinesiology (HLT42807) from College of Neuro-Training. Fees for this unit have **not** been included in the overall costs quoted in this prospectus.

Certificate of Solution Oriented Neuro-Training

Description: The Certificate of Solution Oriented Neuro-Training (SONT) is an accredited qualification by the Australian Kinesiology Association (AKA).

The Australian Kinesiology Association is the Kinesiology Industry Peak Body, having set the industry standards in relation to training delivery and practitioner qualifications for the past 25 years. Part of their role is to accredit subjects and courses as well as provide practitioner registration and membership. The Australian Kinesiology Association accredited modules/workshops need to be successfully completed to gain this registration.

Successful completion of the first 5 modules of the Certificate IV in Kinesiology (HLT42807) including in-course assessments automatically qualifies the student for the Certificate of Solution Oriented Neuro-Training

This certificate can also be studied as an independent qualification.

Duration: This qualification is conducted over 6-12 months and as with the Certificate IV course, flexible delivery options are available.

Outcome: Neuro-Trainer

Modules:

- Module 1: Art of Solution Oriented Neuro-Training
- Module 2: Principles of Recuperation
- Module 3: Blueprint One
- Module 4: Innate Intelligence
- Module 5: Integration

- *These modules are described in detail in the next section of this prospectus*

TOTAL COURSE COMMITMENT

Class Hours: 160 Self Study:125 Total hours:125 Fee: \$4,550

Certificate IV in Kinesiology (HLT42807)

Module Descriptions

MODULE 1:

The Art of Solution Oriented Neuro-Training

In this module you will discover

- A comprehensive understanding of the basics in Kinesiology, (muscle monitoring).
- The basics in Kinesiology and Neuro-Training.
- What is an indicator muscle response .
- Learn about muscles and their neuro-lymphatic and neuro-vascular points, what Kinesiology is and what it is not.
- How to understand adaption, the nature of our defense patterns and how we become caught in 'defense'.
- What a cybernetic loop does and its significance in muscle monitoring.
- Learn to identify suppression
- Begin building a Kinesiology session with the use of the Solution Oriented Neuro-Training Procedure.
- Specific working factors and Solution Orientated options.
- Discuss and learn the importance of context when using Kinesiology.
- Also covered –Using the Model of Universal Principles with Kinesiology, Solution Orientation as a focus and
- Glandular system as a context, Infusion of Positives
- Long Term Healing, Recuperation and other contexts
- Workbook Assignments and assessments



This module introduces the world of our neurology, our nervous system and our subconscious. By the end of the 4 days, you will have gained an understanding of the philosophy and the basic skills of necessary to the Kinesiology and Neuro-Training practitioner.

Delivery: 4 days, 9am - 5pm. 2009 Schedule: As per campus

Assessment: In-Course Assessments & Assignments.

In-Course Assessments: Consist of practical demonstration (observation), individual oral participation in group discussions and written assessments (true/false and short answer questions).

Assignments: Self-directed assessments which consist of written essay-style assignments which are submitted within 4 weeks of module completion.

Class Hours:32 Self Study:25 Total hours:57 Fee: \$910

MODULE 2: Principles of Recuperation

Pre-requisite: Module 1:

In this module you will cover

- The processes of recuperation and regeneration:
- How to work within the Universal Laws of Recuperation.
- How to recognize when symptoms are a problem or a recuperation process. You will also discover: how time influences our ability to be well.
- Skills to check for elemental, nutritional and energetic influences.
- 16 different muscle/meridian/organ circuits and all within 4 different phases of muscle monitoring, enabling you to access a multitude of circuits within the person.
- The Principles of Recuperation shows you how to use the Model of Universal Principles.
- Line of Recuperation
- The Laws of Healing and Recuperation.
- A deeper look at Suppression - All types, how to find it, how to deal with it.
- Gamma 1 and Gamma 2 type Kinesiology monitoring.
- Available Energies for Healing and Recuperation.
- The Stages of Re-Degeneration.
- It is the module that marries and supports many types of Kinesiology.
- Combine any other information you have such as Naturopathy, Homoeopathy, Herbal, other body work, Acupuncture or wellness studies.
- Assignments



Students have the opportunity to learn techniques unique and original to Neuro-Training. 20 years of research and development in muscles, the circuits, our neurology and how we function as innate beings will be taught in this module. Delivery: 4 days, 9am - 5pm. 2009 Schedule: As per campus

Assessment: In-Course Assessments & Assignments.

In-Course Assessments: Consist of practical demonstration (observation), individual oral participation in group discussions and written assessments (true/false and short answer questions).

Assignments: Self-directed assessments which consist of written essay-style assignments which are submitted within 4 weeks of module completion.

Class Hours:32 Self Study:25 Total hours:57 Fee:\$910

MODULE 3: Blueprint One

Pre-requisite: Module 1:

In this module you will cover:



- Cheirology (Hand analysis) and its meaning.
- How to clear away the restrictive inherited patterns that influence your behaviors.
- To use your Cheirology as a reference, to clear specific subconscious emotional and mental stress patterns.
- Skills to remove specific psychological defences that otherwise keep other imbalances inaccessible.
- Develop your personal awareness and self-reliance.
- Some of the skills in this workshop are:
- Defusing major brain functions so that you may bring these into full operation.
- Deal with the fear process and how to reframe fear to courage and intelligence.
- Sort, your time line to sort your future perceptions.
- Discover more about yourself through left hand right hand writing and drawing exercise.
- Defuse your learned helplessness and psychological defence behaviors.
- Address hidden patterns that will not normally show through muscle monitoring in others.
- Use your defused Brain Functions and time line as resources.
- Live, using your resources rather than your limitations.
- Integrate the new information with the use of the Solution Oriented Procedure.

Blueprint One has very much a personal focus. It is not until you deal with your own conscious and subconscious blockages that you can find it in others.

Delivery: 4 days, 9am - 5pm. 2009 Schedule: As per campus

Assessment: In-Course Assessments & Assignments.

In-Course Assessments: Consist of practical demonstration (observation), individual oral participation in group discussions and written assessments (true/false and short answer questions).

Assignments: Self-directed assessments which consist of written essay-style assignments which are submitted within 4 weeks of module completion.

Class Hours: 32 Self Study: 25 Total hours: 57 Fee: \$910

MODULE 4: Innate Intelligence

Pre-requisite: Module 1:

In this module you will cover:

- Many ways of expressing our Intelligence. Throughout this module we work with the nine forms of intelligence in a very congruent and empowering way.
- You will learn many skills for changing patterns to enhance the expression of the nine intelligences.
- Hierarchy, what is more important to the neurology for recuperation and more on the laws of recuperation.
- Hypertonicity, a form of stretch release to muscles and their fibres. A significant structural resetting procedure.
- Other reflexes that gain further access to retraining and strengthening the neurological connections.
- Muscles, that may become reactive to each other, creating pain and immobility.
- Rector muscles that determines a group of muscle inhibition.
- More on muscle and nerve circuits
- Seasonal disorders that are held within the tendino-muscular meridians
- The cerebellar and atlas techniques.
- Specific muscle reactivating techniques: Passive Reset, Muscle Spindle Cell and Golgi Tendon Integration, Simultaneous Testing, Contingent Monitoring, Strain Counter Strain, Repeated Muscle Activation, Stretch Response, Extension Reflex
- Muscle vertebrae connection through the spinal segments, and the stress receptors of the head and hand reflexes



Bringing your body circuits out of habitual fear and into intelligence. This module contains a very important aspect of enabling the Kinesiology Practitioner to identify the muscle circuitry more specifically, and to break up the body habits effectively. When we don't use our intelligence, fears and habits become locked into our physical body.

Assessment: In-Course Assessments & Assignments.

In-Course Assessments: Consist of practical demonstration (observation), individual oral participation in group discussions and written assessments (true/false and short answer questions).

Assignments: Self-directed assessments which consist of written essay-style assignments which are submitted within 4 weeks of module completion.

Delivery: 4 days, 9 - 5pm 2009 Schedule: As per campus

Assessment: In-Course Assessments & Assignments

Class Hours: 32 Self Study: 25 Total hours: 57 Fee: \$910

MODULE 5: Integration

Pre-requisites: Modules 1 - 4

In this module you will cover:



Understanding new information and acquiring new skills becomes a powerful combination when applied with artistry. The Integration Module not only integrates the information learned throughout the Solution Oriented Neuro-Training procedure, it also challenges and defuses the integration ability within yourself.

Some of the skills learnt in this module are:

- Meridian science, a study of the Chinese theory, causes of disease such as damp heat cold or trapped wind.
- The Chinese emotions and ill health.
- Dichotomy and its affects.
- Unfinished business and the stress that this causes,
- Acquired behaviors, our bad habits and how to clear them.
- A number of other contextual (mental references) are also covered. These are: Relationship Consequences, that is, the consequence of having a relationship with anyone.
- Assumptions, and the many we make.
- Our power of Influence as practitioners.
- Psychological Strategies.
- Heuristics and Integration itself.
- Discover the Chakras and their connection to the nervous system,
- The nine Essences of Change,
- The Viscera and its significance
- Cranial activity and resetting.

In this module we synthesize the artistry of the practitioner, consolidating the application of the work into client driven and solution orientation. You are now applying your skills to train a person's neurological activity to respond in an intelligent way rather than operating from ancestral habits.

Assessment: In-Course Assessments & Assignments.

In-Course Assessments: Consist of practical demonstration (observation), individual oral participation in group discussions and written assessments (true/false and short answer questions).

Assignments: Self-directed assessments which consist of written essay-style assignments which are submitted within 4 weeks of module completion.

Delivery: 4 days, 9 - 5pm 2009 Schedule: As per campus

Assessment: In-Course Assessments & Assignments

Class Hours:32 Self Study:25 Total hours:57 Fee:\$910

MODULE 6: Client Care

Pre-requisite: Module 5: Integration

In this module you will cover:



- The power of theory and practice. In this 6th module, we bring your Neuro-Training and Kinesiology skills together when working with a client.

Topics covered are:

- The management of the client.
- Marketing your Neuro-Training and Kinesiology practice and working through a session.
- The importance of client follow up.
- Interviewing a new client.
- The important of obtaining a history
- The client practitioner relationship.
- Putting the client at ease.
- Determining the priority issue.
- Engendering self-responsibility.
- Dealing with people from different cultures, beliefs and languages, recognizing and respecting boundaries, identifying contraindications, and making referrals.
- Identify factors likely to have a negative impact on the client's experience
- Contraindications
- Legal rights of clients and keeping Client Records
- Recognizing and identifying contra-indications for session procedure
- Planning a Kinesiology Session
- Prepare the client for the session
- Inform the client of procedures and expectations?
- Find and respect clients boundaries
- During this module you will also be working in the student clinic, performing sessions with clients.

Assessment: In-Course Assessments & Assignments.

In-Course Assessments: Consist of practical demonstration (observation), individual oral participation in group discussions and written assessments (true/false and short answer questions).

Assignments: Self-directed assessments which consist of written essay-style assignments which are submitted within 4 weeks of module completion.

Delivery: 4 days, 9 - 5pm 2009 Schedule: As per campus

Assessment: In-Course Assessments & Assignments

Class Hours:40 Self Study:0 Total hours:40 Fee:\$880

MODULE 7: Anatomy and Physiology 1

Description: This subject covers how the body is organized from molecular level to systems level and includes anatomical and medical terminology. Learning about functions and organisation of the human body is an excellent general foundation in the field of natural therapies.

Note: This module is delivered and assessed via self-paced computer based training (on-line) by our Training Partner Premier College in Sydney.

Delivery: 4 hours per week over 10 weeks

Assessment: Weekly questions submitted on-line with a 100% success rate requirement. A written exam is to be completed at Week 10.

Online Hours: 40 Self Study: 20 Total hours: 60 Fee: \$700

MODULE 8: Anatomy and Physiology 2

Pre-requisite: MODULE 7: Anatomy and Physiology 1

Description: This subject covers the structure and function of the muscles and joints. We examine the basic concepts of biomechanics, joint and muscle

construction and function and identify the major bony and soft tissue structures of the musculoskeletal system. You will also develop musculoskeletal and postural assessment techniques.

Note: This module is delivered and assessed via self-paced computer based training (on-line) by our Training Partner Premier College in Sydney.

Delivery: 4 hours per week over 10 weeks

Assessment: Weekly questions submitted on-line with a 100% success rate requirement. A written exam is to be completed at Week 10.

Online Hours: 40 Self Study: 20 Total hours: 60 Fee: \$700

About Premier College

In 2008 College of Neuro-Training formed an alliance with Premier College for the delivery of Anatomy and Physiology 1 & 2 and Practice Management via their on-line training service. This alliance allows College of Neuro-Training to deliver our Certificate IV qualification on a national level. Premier College is an RTO based in Caringbah in Sydney, NSW.

MODULE 9: Practice Management

Description: This subject covers managing, marketing and communicating within a Natural Therapies practice. Develop your skills and knowledge to effectively manage and administer a practice, including OH&S, infection control, communication with clients, therapists and other health care professionals. Effectively promote and market your health care business.

Note: This module is delivered and assessed via self-paced computer based training (on-line) by the College of Neuro-Training

Delivery: 3.75 hours per week over 11 weeks

Assessment: Weekly questions and assignments.

Online Hours: 38 Self Study: 54 Total hours: 92 Fee: \$700

Contact www.collegeofneuro-training.edu.au

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Head Office

The College of Neuro-Training Pty Ltd

Head Office P.O. Box 2049,

Tarrawanna NSW 2518

Australia

Phone: (02) 4284 4044

Administration website for enrolment:

www.collegeofneuro-training.edu.au

Admin e-mail: info@collegeofneuro-training.edu.au

Sydney, Melbourne- Mt Eliza, Canberra, Adelaide, Perth, Wollongong (NSW), Lismore (NSW), Warragul (VIC), and Busselton (WA)

Government Recognition

Government or national recognition is the basic principle of the national vocational training framework in Australia. This framework assures nationally consistent high quality vocational and education training and assessment services. It also defines the qualifications offered by Registered Training Organizations.

Certificate IV in Kinesiology and the Australian Qualifications Training Framework

This qualification is made up of a number of units of competency – 5 specialization units and 10 common units. We have structured our course to integrate these units throughout each of our modules.

Modules 1 to 6 cover the specialization units.

Specialization Units

HLTKIN401A Work within a Kinesiology framework

HLTKIN402A Plan the Kinesiology session

HLTKIN403A Apply Kinesiology assessment framework

HLTKIN404A Perform the Kinesiology health assessment

HLTKIN405A Provide Kinesiology balances

Modules 7 to 9 cover the common units with the exception of HLTF301B

Apply First Aid

Common Units

BSBCMN204A Work effectively with others

HLTCOM404B Communicate effectively with clients

HLTCOM405B Administer a practice

HLTCOM406B Make referrals to other health care professionals when appropriate

HLTCOM408B Use specific health terminology to communicate effectively

HLTHIR301A Communicate and work effectively in health

HLTOHS300A Contribute to OHS processes

HLTIN301A Comply with infection control policies and procedures in health work

HLTAP401A Confirm physical health status

HLTF301B* Apply first aid

More information about these units can be found at www.ntis.gov.au or by contacting College of Neuro-Training.

Certificate IV in Kinesiology (HLT42807)

Certificate of Solution Oriented Neuro-Training (studied concurrently)

AQTF Qualifications

Australian Qualifications Training Framework (AQTF)

As part of the Health Training Package, two qualifications in the area of Kinesiology have been developed.

Certificate IV in Kinesiology (HLT42807)

Diploma of Kinesiology (HLT51507)

More information about these qualifications can be found at the National Training Information Services (NTIS) website: www.ntis.gov.au.

You can also find out more about the AQTF, Training Packages, RTOs and vocational education training at www.training.com.au or by contacting College of Neuro-Training.

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**College of Neuro-Training Administration Office PO Box 2049
Tarrawanna NSW 2519.**

College of Neuro-Training

COURSE FEE MATRIX

Certificate IV in Kinesiology Specialization Units – Neuro-Training and Kinesiology

Qualifications Sought	Units	Client Care Module Incl 1 day Theory, 2 days Practical and 2 days Student Clinic	TOTAL FEE
Cert IV in Kinesiology (HLT42806)	All Units 1-9 Includes Written Assessments (T/F, Short Answer, Assignments)	Inclusive	\$7350*
Dual Qualification RPL Anatomy, Physiology and Prac management	\$910 per module (1-5) including assessments	PLUS \$880 Client Care including practical assessments	\$5430*
Certificate of Neuro-Training Must have current Certificate IV in Kinesiology (HLT42806)	\$910 per module (x5) including assessments	N/A	\$4550
For Interest Only Can choose to convert to qualification at any time provided you enroll through the college	\$660 per module (x5) excluding assessments	\$352 for 2 days practical assessments	\$3300

NOTES FOR COURSE FEE MATRIX:

* Total Fees for the Dual Qualification are eligible for the Early Bird Bonus. Fee does not include completion of Common Units.

Cert IV in Kinesiology

If you wish to study the **complete Cert IV in Kinesiology** including the government required anatomy, physiology and practice management the total fee is \$7530. Credit card charges add 4%. Direct Debit alternative, see application form.

If you wish to study the complete **Cert IV in Kinesiology excluding anatomy, physiology and practice management** modules the total fee is \$5430, or \$910 per module. (This still includes assessments and assignments). Credit card charges add 4%. Direct Debit alternative, see application form. You are required to obtain your anatomy, physiology and practice management through another accredited institution of your choice to complete the Certificate IV in Kinesiology.

Prior learning for these modules is considered. Request a prior learning application form.

Certificate of Solution Oriented Neuro-Training - If you wish to study the modules 1-5 for the **Certificate of Solution Oriented Neuro-Training** and obtain practitioner recognition within the industry, each module is \$910 or total \$4550. Credit card charges add 4%. Direct Debit alternative, see application form.

Personal interest only - If you wish to study the modules 1-5 for **personal interest only**, with no assessments or assignments the fee per module is \$660 or total of \$3300 Credit card charges add 4%. Direct Debit alternative, see application form.

Enrolment Form

To obtain your enrolment form please contact the College of Neuro-training administration direct on : (02) 4284 4044
Or download the enrollment form from. www.collegeofneuro-training.edu.au

Please complete **two copies of this enrolment form.**

Forward one copy to Head Office with payment to

The College of Neuro-Training Head Office
P.O. Box 2049,
Tarrawanna NSW 2518
Australia
Phone: (02) 4284 4044. www.collegeofneuro-training.edu.au

**Please forward an extra copy of this enrolment form to
The College of Neuro-Training Lismore Campus.**

1st Floor 100 Magellan St,
Lismore NSW 2480.
(02) 6622 1514
www.kinesiologyinfo.com